

## HFMD MISSION

We dedicate ourselves to advancing the quality of life of individuals and families affected by hemophilia or other bleeding disorders by providing a broad range of services and programs.

### Inside this issue:

Women & Teen Event	1
Donald Glascock Obituary	2
Education Dinner at Twin Cities Grill	2
2019 HFMD Donors	3
2019 HFMD Donors Continued	4
HTC Info & Staff HFMD Board & Staff	5
Calendar of Events	7
Heart of Hope GALA	8



## Women & Teen Event

It was a lively affair at the Saint Paul Hotel on October 26th for the Women and Teen Event. Guest were greeted by an assortment of snacks while they waited for everyone to arrive. The program began with "How to Laugh Through Stress" by Lori Kunkel. Guests were encouraged to participate and let loose and Lori got everyone on their feet and laughing in no time. After Lori completed her presentation and all the giggles died down, it was time for tea. Everyone left the room for a break and when they came back, their tables they had been set for a 5-course high tea.

Each guest had a unique teacup that was filled with delicious blackcurrant tea as soon as they were seated. With everyone in place it was time for the courses to start. The first course included a shrimp cocktail puff, egg salad with cappers tea sandwich and smoked salmon with dill cream cheese on rye. Second course was a petite chicken pot pie followed by an apple currant scone with cinnamon spiced butter for the third course. The fourth course had a trio of a hazelnut tea cookie, dark chocolate truffle and mini cream puff. The high tea ended on a super sweet note with a petite cheesecake topped with whipped cream. To say everyone was full after this is an understatement.

While the high tea was in full swing, Ellen Kachalsky from The Hemophilia Federation of America gave an intriguing presentation on "Chronic Pain and Cannabis Therapies." This new and controversial topic sparked a great question and answer session that Ellen was happy to partake in. When all the questions were answered it was time to take a break with a fun activity. Melissa Andrisani with HFMD led a teacup floral design class where guests each received a teacup filled with wet floral foam and a bundle of flowers. Everyone seemed to enjoy using their creativity to arrange their own unique arrangement and the end results were beautiful. To top it off, guests were able to take home their floral teacups to enjoy them for days to come.

When all the flower clippings had been cleared off the tables, Dr. Marshall Mazepa a Hematologist from M Health, began his presentation on "Ask the Provider." Guests were eager to be informed of what was going on in the world of Hematology from a physician and had many questions for him throughout his slides. He was happy to inform his audience and gave incredible insight on the research him and his team have been conducting. After the answers were satiated, it was time to end. However, no event is complete without a "chocolate lovers" buffet to snack on while networking with their fellow women in the bleeding disorders community.

We would like to thank CSL Behring for sponsoring this event as well as Sue Curoe, RN, MS from Fairview and all of the amazing presenters.

By Melissa Andrisani



*It is with heavy hearts that we announce the passing of one of our beloved Board Members, Donald Glascock. Our deepest thoughts and prayers go out to his loving family. Don meant so much to so many in this community. We were honored and blessed to have Don on our Board, and as such a thoughtful and compassionate advocate. Don will be dearly missed by many friends at the HFMD.*

After 56 years of living life to the fullest, 25 years of devoted marriage, 20 years of joyful fatherhood, 29 years of sharing his passion in computers with the Mayo Clinic Health Care System, Donald Stewart Glascock leaves this earth to be with God.

Donald was born on February 21, 1963 to Robert and Theresa (Starkey) Glascock in Los Alamos, New Mexico. He graduated from high school in Los Alamos in 1981 and then he entered the Computer Science program at the University of New Mexico, Albuquerque. In 1990 he started working at the Mayo Clinic in the Research Computing Facility. He married Stephanie Wagner on May 28, 1994 in Rochester. He continued his degree and graduated with a Bachelor of Arts from the University of Minnesota in 2006.

Donald enjoyed and excelled at all things technical. He was known as a brilliant and humble man and never held it over the rest of us. Understanding his role as a mentor and leader in the hemophilia community, Donald was active and respected in the Hemophilia Foundation of the Minnesota and Dakotas (HFMD).

Donald enjoyed wood working, country western dancing, camping, astronomy and perfecting his favorite chocolate chip cookie recipe.

Donald is survived by his wife Stephanie, and two sons Ryan and Joel all of Rochester. His mother Theresa Glascock of Los Alamos, NM; and siblings, Joli (Gary) Garcia and their daughter Reese of Elizabeth, CO; Chris Glascock of Erie, CO, Laurie Glascock of Los Alamos, NM. His family also includes father and mother-in-law Laurence and Judith Wagner, Rochester, MN and his sister-in-law, Dr. Wendeline Wagner (Sam Clatterbuck) of Middletown, MD and many other relatives.

He is preceded in death by his father, Robert "Breck" Glascock.

He will be missed terribly, and we look forward to seeing him as one of the bright stars in the sky.

## **Education Dinner at Twin Cities Grill**

What could be better than participating in a conversation on Being More Active with Pfizer's Patient Affairs Liaison, Joe Schuch? It would have to be having that conversation while enjoying a dinner of grilled salmon, bacon-wrapped top sirloin, accompanied by steamed asparagus and loaded mashed potatoes!

A group of 30 adults and children ventured to the Mall of America in October for a little shopping, food, and fun during MEA weekend. At 6 p.m. the crowd started arriving to the Twin Cities Grill for a delicious dinner, great conversation, and helpful ideas on ways to be more active. As the conversation was wrapping up, desserts of chocolate cake and cheese cake were served. Best of all, dinner was served Family style so everyone could have as little or as much as they wanted!

The Pfizer Education dinner is a great way to start the evening's adventures. After the dinner wrapped up at 7:00 p.m. HFMD staff distributed tickets to anyone who wanted to try their hand at Moose Mountain's mini-golf. The rest of the group was let loose to continue shopping and exploring as they please. Don't miss this event for the 2020 MEA weekend, it always promises to be a tasty, fun and informative evening!

By Kerry Budinger

The HFMD gratefully acknowledges our donors who have given so generously.  
These are donations received from January 1st - December 31st, 2019.

### Organizational Contributors:

#### **\$40,000 and Up**

Children's Hospitals & Clinics of MN  
Mayo Foundation  
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The HFMD gratefully acknowledges our donors who have given so generously.  
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## Hemophilia Treatment Centers (Tri-State Area)

### Children's Minnesota - Center for Bleeding and Clotting Disorders

**2530 Chicago Ave S, Suite 175  
Minneapolis, MN 55404  
612-813-5940**

Susan Kearney, MD, HTC Medical Director  
and Physician  
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Jessica Ovans, PT, DPT, Physical Therapist  
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Sue Purdie, RN, BSN, Nurse  
Rachel Saunders, MS, CGC, Genetic Counselor  
Michael Sprehe, MD, MPH, Physician  
Meghan Winans, HTC Administrative Assistant

### Mayo Comprehensive Hemophilia Center Mayo Clinic

**Mayo 10-55E  
200 First Street SW  
Rochester, MN 55905  
507-284-8634 or 1-800-344-7726**

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Pediatric Hematologist  
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### Sanford Health, Sioux Falls, SD Region South Dakota Center for Bleeding Disorders

**1600 West 22nd Street  
P. O. Box 5039  
Sioux Falls, SD 57117  
605-312-1000 or 800-850-0064**

Daniel Callaway, MD  
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### University of Minnesota Health Center for Bleeding and Clotting Disorders 2512 South 7th St, Ste 105 Minneapolis, MN 55454 612-273-5005

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Sarah Bray, Genetic Counselor  
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Jill Gilbertson, Intake Coordinator  
Marie Leirimo, RN, BSN, Clinical Research Strategist  
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Amy Schadewald, MSW, LICSW, ACM  
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**HEMOPHILIA  
FOUNDATION**  
OF MINNESOTA/DAKOTAS





Virtual Program  
**INVITE**

Biotherapies for Life® **CSL Behring**

Hemophilia B patients and family members/caregivers are cordially invited to join us for a **Common Connections Virtual Program: An IDELVION Story!**

**An Overview of IDELVION:  
Handling the Holidays**

Wednesday, December 11, 2019  
7:00 PM - 8:00 PM ET

**Featured Nurse Speaker:** Dezarae Tate, RN  
San Antonio, TX

**Featured Patient Advocate:** John V.  
Elwood, IN

**An Overview of IDELVION:  
Make 2020 a Banner Year**

Monday, January 6, 2020  
7:00 PM - 8:00 PM ET

**Featured Nurse Speaker:** Dezarae Tate, RN  
San Antonio, TX

**Featured Patient Advocate:** Shonda J.  
Prairieville, LA

**An Overview of IDELVION:  
Siblings and Hemophilia B**

Thursday, February 20, 2020  
7:00 PM - 8:00 PM ET

**Featured Nurse Speaker:** Dezarae Tate, RN  
San Antonio, TX

**Featured Patient Advocate:** John V.  
Elwood, IN

**An Overview of IDELVION:  
Exploring Support Systems**

Tuesday, March 31, 2020  
7:00 PM - 8:00 PM ET

**Featured Nurse Speaker:** Dezarae Tate, RN  
San Antonio, TX

**Featured Patient Advocate:** Shonda J.  
Prairieville, LA

**Participate in a live virtual program from the comfort of your home and ask questions in real time to a healthcare provider and a patient advocate\***

*\* Patient advocates are not healthcare professionals or medical experts. For medical questions, patients should contact their healthcare provider. Patient advocates are compensated by CSL Behring LLC for their time and/or expenses.*

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- Hear from a patient advocate\* about their experience with IDELVION
- Learn what IDELVION offers, led by a healthcare professional
- Discover valuable resources and tools available from CSL Behring
- Learn about valuable and encouraging tips from people living with and treating hemophilia B

*Anyone under 18 years of age must be accompanied by a parent or caregiver.*

**Please see Important Safety Information on reverse and full prescribing information available at this presentation.**



## Current Calendar of Events

January 11, 2020 .....	CSL Behring - Fitness Event Top Golf, Brooklyn Center, MN
January 23, 2020 .....	Sanofi Genzyme Education Dinner Bonfire Grill, Woodbury, MN
January 31-Feb 2, 2020 .....	Winter Teen Retreat Camp Courage South, Annandale, MN
February 22, 2020 .....	Hearts of Hope Gala Metropolitan Ballroom, Golden Valley, MN
March 20, 2020 .....	Bleeding Disorders & Rare Disease Awareness Day State Capitol Rotunda, St. Paul MN
April 3-4, 2020 .....	HFMD Annual Members Meeting The Intercontinental Minneapolis-St. Paul Airport
July 12-17, 2020.....	HFMD Summer Camp for Children Courage North/True Friends, Lake George, MN
August 16, 2020.....	10th Annual Step Out for Bleeding Disorders Walk Fundraiser Harriet Island Pavilion, St. Paul, MN

Visit our web site at [www.hfmd.org](http://www.hfmd.org) for more exciting news and updates!



At Pfizer Hemophilia, we have always been deeply committed to you and to listening to what you have to say. Over the years, what you've shared with us has proven invaluable. The events we sponsor, the technology we develop, and the educational materials we create are all designed in response to the requests, needs, and desires of the hemophilia community.

**We are grateful for having the chance to partner with you.**

—Your Pfizer Hemophilia Team

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NEWSLETTER OF  
THE HEMOPHILIA  
FOUNDATION OF  
MINNESOTA AND  
THE DAKOTAS

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## *Hearts of Hope Gala*

DINNER & AUCTION

REGISTER TODAY!

PLEASE JOIN US FOR  
AN EVENING OF COCKTAILS, FINE DINING,  
AUCTIONS, RAFFLES AND DANCING!

FEBRUARY  
*22<sup>nd</sup>* 2020  
SATURDAY

BEGINNING  
*6:00<sup>pm</sup>*  
UNTIL 11PM

*Metropolitan Clubroom & Ballroom*

GOLDEN VALLEY, MN

REGISTER AT:

[HTTPS://HFMD.EJOINME.ORG/HEARTSOFHOP2020](https://hfmd.ejoinme.org/HeartsOfHope2020)



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