## AFFILIATED COMPREHENSIVE HEMOPHILIA TREATMENT CENTERS

# Children's Hospitals and Clinics of MN Hemophilia and Thrombosis Center

2525 Chicago Ave S, CSC – 175 Minneapolis, MN 55404 Phone | 612.813.5940 Toll Free | 888.811.5940

Mayo Clinic Comprehensive Hemophilia Center Mayo 10-55E 200 First Street SW Rochester, MN 55905 Phone | 507.284.8634 Toll Free | 800.344.7726

### M Health Center for Bleeding and Clotting Disorders

2512 South 7th Street, Suite 105 Minneapolis, MN 55454 Phone | 612.273.5005 Toll Free | 800-688-5252, ext. 66455

## Sanford Health South Dakota Center for Bleeding Disorders

1600 W 22nd St, PO Box 5039 Sioux Falls, SD 57117 Phone | 605.312.1000 Toll Free | 800.850.0064

#### **COMPREHENSIVE CLINICS VISITS**

Clinic visits at a hemophilia treatment center (HTC) are encouraged on a regular basis (at least once a year) to review and evaluate the status of a person with bleeding disorders. Goals of the Comprehensive clinic visits are to assess health concerns since the last visit, evaluate current treatment plans, provide educational opportunities, and plan for the treatment on any unmet needs, changes or future needs. Studies have shown that regular attendees at HTC Comprehensive Clinics have better health outcomes.



750 S. Plaza Drive, Suite 207 Mendota Heights, MN 55120 Phone: 651.406.8655 Fax: 651.406.8656 Toll Free: 800.994.4363 www.hfmd.org | info@hfmd.org



We dedicate ourselves to advancing the quality of life of individuals and families affected by hemophilia and other bleeding disorders by providing a broad range of programs and services.

# Established in 1965,

the Hemophilia Foundation of Minnesota/Dakotas (HFMD) is an independent 501 (c)(3) non-profit organization and the only resource of its kind in the region. We work to provide education, support, and advocacy for our community and strive to help those affected by a bleeding disorder to become healthier and more independent. We partner with the medical staff from four Hemophilia Treatment Centers in the region to carry out our unique programs and services and provide valuable information, advocacy, and support for our bleeding disorders community.



**Annual Meeting:** An educational weekend for patients and families featuring quality programs from leading medical experts who treat hemophilia.



**Family Education Events:** We feature the latest in medical information and the opportunity for families to learn, network, share experiences and have fun.



Women's Education Program: Annual program for women with bleeding disorders featuring informative presentations and interactive learning. In partnership with a program sponsor.



**Group Fitness Events:** Events providing safe and fun cardiovascular activities the whole family can enjoy.



**Summer Camp Not-a-Clot:** A 6-day summer traditional camp experience for campers, ages 8-17, who have a bleeding disorder. The mission of camp is to foster community among bleeding disorder patients and promote a transition to independence.



Winter Teen Retreat: Connect with other teens while enjoying fun indoor and outdoor winter activities while gaining independence.





**Post-Secondary Scholarships:** For eligible students with hemophilia or related bleeding disorders.



**Blood Brotherhood:** A program exclusively for adult me with bleeding disorders.



**Emergency Assistance:** For patients and families experiencing financial hardships.